

Privacy Policy

We are pleased about your interest in our website. Protecting your data and handling it with trust is our highest priority. Below you will find a clear overview of what information we collect during your visit, how we use it, and what rights you have regarding your data.

1. Controller

Controller within the meaning of the General Data Protection Regulation (GDPR):

Dr. theol. Uta Blohm

Health Practitioner restricted to the field of Psychotherapy (Heilpraktikerin beschränkt auf das Gebiet der Psychotherapie)

Phone: +49 (0)175 3491572

E-mail: blohmpsychotherapy@protonmail.com

Website: hannoverpsychotherapy.com

I offer psychotherapeutic services for adults in a private practice.

2. General Information on Data Processing

We take the protection of your personal data very seriously. Personal data is processed exclusively within the framework of statutory provisions, in particular:

- General Data Protection Regulation (GDPR)
- Federal Data Protection Act (BDSG)
- Telecommunications-Digital-Services-Data-Protection-Act (TDDDG)
- Digital Services Act (DDG)

Personal data is any data that can be used to identify you personally. This includes in particular:

- Administrative data
- Anamnestic (medical history) data
- Diagnostic data

Communication data

Data Security in the Practice:

Electronic medical records are generally not created; technically necessary data is protected behind a firewall.

Physical patient files are stored in a locked cabinet in a secure room.

Access to your data is strictly limited to me personally.

All electronic devices used are password-protected.

3. Definitions

This Privacy Policy uses the terms defined in the GDPR, in particular: personal data, data subject, processing, controller, processor, and consent.

4. Legal Bases for Data Processing

The processing of personal data is carried out based on:

- Art. 6(1)(a) GDPR – Consent
- Art. 6(1)(b) GDPR – Performance of a contract or pre-contractual measures
- Art. 6(1)(c) GDPR – Compliance with a legal obligation
- Art. 6(1)(f) GDPR – Legitimate interests
- Art. 9(2)(h) GDPR in conjunction with § 22(1) No. 1 lit. b BDSG – Processing of special categories of personal data (health data) for healthcare and treatment purposes

My professional duty of confidentiality is based on the general duty of loyalty and confidentiality owed to patients, as well as on professional regulations for independent practitioners.

5. Website Hosting

This website is operated using the content management system WordPress.

When accessing the website, the hosting provider automatically collects and stores information in so-called server log files. This includes:

- IP address
- Date and time of access
- Browser type and version
- Operating system used
- Referrer URL
- Hostname of the accessing computer

Purpose of processing: Ensuring a stable and secure operation of the website, system security, and prevention of abuse.

Legal basis: Art. 6(1)(f) GDPR (Legitimate interest).

6. SSL or TLS Encryption

For security reasons and to protect the transmission of confidential content, this website uses SSL or TLS encryption. You can recognize an encrypted connection by the address line of the browser changing from "http://" to "https://" and by the lock symbol in your browser line.

7. Cookies

When visiting our website for purely informational purposes, only technically necessary (essential) cookies required for operating the website are used.

Legal bases: § 25(2) No. 2 TDDDG (for necessary cookies); Art. 6(1)(a) GDPR / § 25(1) TDDDG (for cookies requiring consent).

8. Contact via Contact Form

We use the plugin Fluent Forms for our contact forms. When using the form, we process:

- Name
- E-mail address
- Phone number (optional)

- Content of the message
- IP address and timestamp
- Purpose: Processing inquiries, appointment booking, and communication.

Legal bases: Art. 6(1)(b) GDPR (pre-contractual measures) and Art. 6(1)(a) GDPR (consent).

9. Contact via E-mail or Telephone

If you contact us by e-mail or telephone, your details will be stored for the purpose of processing the inquiry and in case of follow-up questions.

Legal basis: Art. 6(1)(b) GDPR.

10. Processing Special Categories of Personal Data (Health Data)

As a Naturopathic Practitioner restricted to Psychotherapy, I process health data in the context of inquiries or ongoing treatment. These constitute special categories of personal data pursuant to Art. 9 GDPR.

Processing takes place exclusively:

- To process your specific inquiry
- To prepare, carry out, or document psychotherapeutic treatment

Legal bases: Art. 9(2)(a) GDPR (consent) and Art. 9(2)(h) GDPR in conjunction with § 22 BDSG (treatment contract / healthcare provision). All health data is subject to strict confidentiality and professional secrecy.

11. Web Analytics with Google Analytics

Provided you have given your consent via our consent banner, this website uses Google Analytics, a web analytics service provided by Google Ireland Limited ("Google").

The following data may be processed:

- IP address (anonymized)
- Usage data, page views, and time spent on site
- Device and browser information
- Legal basis: Art. 6(1)(a) GDPR and § 25(1) TDDDG (consent).

Data may be transferred to Google LLC in the USA. Google relies on Standard Contractual Clauses approved by the EU Commission pursuant to Art. 46 GDPR or the EU-U.S. Data Privacy Framework. You may revoke your consent at any time with future effect via the cookie settings.

12. Recipients of Personal Data & International Transfers

Generally, only I have access to your data. Information submitted via the contact form is transmitted directly to my encrypted ProtonMail address and is not shared with third parties, unless there is a statutory legal obligation.

To operate the website, I engage the following service providers as processors:

Hosting provider: Automatic Inc. (USA) for WordPress

IT provider: WebHealer Ltd (Monomark House, 27 Old Gloucester Street, London WC1N 3XX, UK) for technical administration

Data processing agreements pursuant to Art. 28 GDPR including appropriate safeguards for international data transfers (Standard Contractual Clauses under Art. 46 GDPR or Adequacy Decisions under Art. 45 GDPR for the UK) have been concluded with these providers.

13. Retention Period

Personal data will only be stored for as long as necessary to fulfil the intended purposes or as required by statutory retention periods.

- Inquiries: Deleted after final processing, unless a treatment agreement is concluded.
- Patient files: Pursuant to § 630f. (3) BGB (German Civil Code), a statutory retention period of 10 years applies following the completion of treatment.
- Tax and accounting records: Retained for 6 to 10 years pursuant to § 147 AO (Tax Code) / § 257 HGB (Commercial Code).

14. Rights of the Data Subject

Under the GDPR, you have the following rights:

- Right of access (Art. 15 GDPR)
- Right to rectification (Art. 16 GDPR)
- Right to erasure ("Right to be forgotten") (Art. 17 GDPR)
- Right to restriction of processing (Art. 18 GDPR)
- Right to data portability (Art. 20 GDPR)
- Right to object (Art. 21 GDPR)
- Right to withdraw consent (Art. 7(3) GDPR)

15. Right to Lodge a Complaint with a Supervisory Authority

You have the right to lodge a complaint with a data protection supervisory authority regarding our processing of your personal data.

Relevant Supervisory Authority:

Die Landesbeauftragte für den Datenschutz Niedersachsen

Prinzenstraße 5

30159 Hannover, Germany

E-mail: poststelle@lfd.niedersachsen.de

Phone: +49 (0)511 120-4500

16. Obligation to Provide Data

The provision of personal data may be required for using the website, processing inquiries, or concluding a treatment agreement. Without providing this data, we may not be able to process inquiries or provide treatment.

17. Automated Decision-Making

Automated decision-making or profiling within the meaning of Art. 22 GDPR does not take place.

18. Currency and Changes to this Privacy Policy

This Privacy Policy is currently valid and was last updated in August 2026.

We reserve the right to amend this Privacy Policy to ensure it complies with current legal requirements or to reflect changes to our services.

The privacy policy was created with the help of AI.